

Facts about Covid-19

Updated: [August 2020](#); Share on: [Twitter](#) / [Facebook](#)

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Fully referenced facts about Covid-19, provided by experts in the field, to help our readers make a realistic risk assessment. (Regular updates below)

“The only means to fight the plague is honesty.” (Albert Camus, 1947)

Overview

1. According to the latest immunological studies, the overall **lethality** of Covid-19 (IFR) is [about 0.1% to 0.3%](#) and thus in the range of a severe influenza (flu).
2. For people at high risk or high exposure (including health care workers), [early or prophylactic treatment](#) is essential to prevent progression of the disease.
3. In countries like the US, the UK, and also Sweden (without a lockdown), **overall mortality** since the beginning of the year [is in the range of](#) a strong influenza season; in countries like Germany and Switzerland, overall mortality so far is in the range of a mild influenza season.
4. In most places, the **risk of death** for the general population of school and working age is in the range of [a daily car ride to work](#). The risk was initially overestimated because many people with only mild or no symptoms were not taken into account.
5. Up to 80% of all test-positive persons [remain symptom-free](#). Even among 70-79 year olds, [about 60%](#) remain **symptom-free**. About 95% of all people develop at most [moderate symptoms](#).
6. Up to 60% of all persons [may already have](#) a certain cellular **background immunity** to the new coronavirus due to contact with previous coronaviruses (i.e. cold viruses). The initial assumption that there was no immunity against the new coronavirus was not correct.
7. The **median age** of the deceased in most countries (including Italy) is [over 80 years](#) (e.g. 86 years in Sweden) and [only about 4%](#) of the deceased had no serious preconditions. The age and risk profile of deaths thus essentially corresponds to [normal mortality](#).
8. In many countries, [up to two thirds](#) of all extra deaths occurred in **nursing homes**, which do not benefit from a general lockdown. Moreover, in many cases it is [not clear](#) whether these people really died from Covid-19 or from weeks of [extreme stress and isolation](#).
9. Up to 30% of all **additional deaths** may have been caused [not by Covid-19](#), but by the effects of the [lockdown, panic and fear](#). For example, the treatment of heart attacks and strokes [decreased](#) by up to 60% because many patients no longer dared to go to hospital.
10. Even in so-called **“Covid-19 deaths”** it is often [not clear](#) whether they died *from* or *with* coronavirus (i.e. from underlying diseases) or if they were counted

as “[presumed cases](#)” and not tested at all. However, official figures usually [do not reflect](#) this distinction.

11. Many media reports of **young and healthy people** dying from Covid-19 turned out to be false: many of these young people either [did not die](#) from Covid-19, they had already been [seriously ill](#) (e.g. from undiagnosed leukaemia), or they were in fact [109 instead of 9](#) years old. The claimed increase in Kawasaki disease in children also turned out [to be exaggerated](#).
12. Most **Covid-19 symptoms** can also be caused by severe influenza (including pneumonia, [thrombosis](#) and the temporary loss of the [sense of smell](#)), but with severe Covid-19 these symptoms are indeed more frequent and more pronounced.
13. Strong increases in **regional mortality** can occur if there is a [collapse in the care of the elderly and sick](#) as a result of infection or panic, or if there are additional risk factors such as [severe air pollution](#). Questionable [regulations](#) for dealing with the deceased sometimes led to [additional bottlenecks](#) in funeral or cremation services.
14. In countries such as Italy and Spain, and to some extent the UK and the US, **hospital overloads** due to strong flu waves [are not unusual](#). Moreover, this year up to 15% of health care workers were [put into quarantine](#), even if they developed no symptoms.
15. The often shown exponential curves of “**corona cases**” are [misleading](#), as the number of tests also increased exponentially. In most countries, the ratio of positive tests to tests overall (i.e. the positivity rate) remained [constant at 5% to 20%](#) or increased only slightly. In many countries, the peak of the spread was already reached well [before the lockdown](#).
16. Countries *without lockdowns*, such as [Japan](#), [South Korea](#), [Belarus](#) and [Sweden](#), have [not experienced](#) a more negative course of events than many other countries. Sweden was even [praised](#) by the WHO and now benefits from [higher immunity](#) compared to lockdown countries. 75% of Swedish deaths [happened in](#) nursing facilities that weren’t protected fast enough.
17. The fear of a shortage of **ventilators** was [unjustified](#). According to lung specialists, the invasive ventilation (intubation) of Covid-19 patients, which is partly done [out of fear](#) of spreading the virus, is in fact often [counterproductive](#) and damaging to the lungs.
18. Various studies [have shown that](#) the main **routes of transmission** of the virus are neither long-range aerosols (i.e. tiny particles *floating* in the air) [nor smear infections](#) (i.e. on surfaces), but *direct* contact and *droplets* produced when talking or coughing. However, in [some circumstances](#), indoor aerosol transmission appears to be possible.
19. There is still [little to no scientific evidence](#) for the effectiveness of **cloth face masks** in *healthy and asymptomatic* individuals. Experts warn that such masks may interfere with normal breathing and may become [“germ carriers”](#) if used repeatedly.
20. Many **clinics** in Europe and the US remained [strongly underutilized](#) or [almost empty](#) during lockdowns and in some cases had to [send staff home](#). Millions of surgeries and therapies were [cancelled](#), including many cancer screenings and organ transplants.
21. Several **media** were caught [trying to dramatize](#) the situation in hospitals, sometimes even with [manipulative images](#) and videos. In general, the [unprofessional reporting](#) of many media maximized fear and panic in the population.
22. The **virus test kits** used internationally are [prone to errors](#) and can produce false positive and false negative results. Moreover, the official virus test was [not clinically validated](#) due to time pressure and may sometimes react positive to other common coronaviruses.

23. Numerous [internationally renowned experts](#) in the fields of virology, immunology and epidemiology consider the **measures** taken to be [counterproductive](#) and recommend rapid [natural immunization](#) of the general population and protection of risk groups.
24. At no time was there [a medical reason](#) for the closure of **schools**, as the risk of disease and transmission in children is [extremely low](#). There is also [no medical reason](#) for small classes, masks or ‘social distancing’ rules in schools.
25. Several medical experts [described](#) express coronavirus **vaccines** as [unnecessary](#) or even [dangerous](#). Indeed, the vaccine against the [so-called swine flu](#) of 2009, for example, led to cases of [severe neurological damage](#) and lawsuits in the millions. In the testing of new coronavirus vaccines, too, serious [complications](#) and [failures](#) have already been reported.
26. A global respiratory disease pandemic can indeed extend over [several seasons](#), but many studies of a “**second wave**” are based on [very unrealistic assumptions](#), such as a constant risk of illness and death across all age groups.
27. In several places, nurses described an oftentimes [fatal medical mismanagement](#) of Covid patients due to questionable [financial incentives](#) and inappropriate medical protocols.
28. The number of people suffering from **unemployment**, [depression](#) and domestic violence as a result of the measures has reached [historic record levels](#). Several experts predict that the measures will claim [far more lives](#) than the virus itself. According to the UN [1.6 billion people](#) around the world are at immediate risk of losing their livelihood.
29. NSA whistleblower Edward Snowden warned that the “corona crisis” may be used for the [permanent expansion](#) of **global surveillance**. In several parts of the world, the population is being [monitored by drones](#) and facing serious police overreach during lockdowns.
30. A 2019 WHO study on measures against pandemic influenza found that from a medical perspective, “**contact tracing**” is [“not recommended in any circumstances”](#). Nevertheless, contact tracing apps have already [become](#) partially mandatory in [several countries](#). In some countries, such “contact tracing” is carried out directly [by the secret service](#).

See also

1. [On the treatment of Covid-19](#)
2. [Studies on Covid-19 lethality](#)
3. [On the origin of SARS-CoV-2](#)
4. [The evidence on face masks](#)
5. [European Mortality Monitoring](#)